



Blumine Health

Interim Guidance:

Workplace Safety During COVID-19

This guidance is based on what is currently known about the transmission of SARS-CoV-2, the virus that causes coronavirus disease 2019 (COVID -19). COVID-19 is a respiratory illness that can spread from person to person, especially between people who are physically near each other (within about 6 feet). People who are infected but do not show symptoms can also spread the virus to others.

Implementing this guidance may help prevent workplace exposures to SARS-CoV-2 in non-healthcare settings; separate guidance is available for healthcare settings. CDC also has guidance for critical infrastructure work settings. Unless otherwise specified, this interim guidance for businesses and employers applies to critical infrastructure workplaces as well.

Preventative Actions to Take Now:

- Avoid contact with people who are sick
- Stay home when you are sick, except to get medical attention
- Socially distance at all times possible - stay at least 6ft away from people
- If in contact with other employees or others, wear a face mask
- Wash your hands often with soap and water for at least 20 seconds
- Cover your cough and sneezes with a tissue
- Clean frequently touched surfaces and objects on a daily basis

More COVID-19 Information:

[Overview of COVID-19](#)

[COVID-19: For Workers](#)

[COVID-19: For Employers](#)

[Managing Stress](#)

Have questions or need further information? Please email us here:

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